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*The Magic  
in the Middle*

## Homeward Bound Mug Rug Skill Level: Intermediate

Designed By  
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Stitched By  
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Homeward Bound is a very popular quilt block. Using a high contrast print will make the heart shape in the corners 'pop'. The plain rectangle in the bottom right corner can be embellished with embroidery or a written message. Use your scraps to make this mug rug. Mug rugs make great gifts for that someone special and are very popular with quilt groups online.

### **Fabrics Needed**

1 fat quarter focal fabric for main rectangles and backing  
Tidbits (aka fat 8th) Three different ones, one will be for the hearts.  
Two strips 2 1/4" x 40" for binding (can be pieced or purchased bias binding)

### **Materials Needed**

Pellon<sup>®</sup> Batting                      One 8" x 10" scrap  
Thread

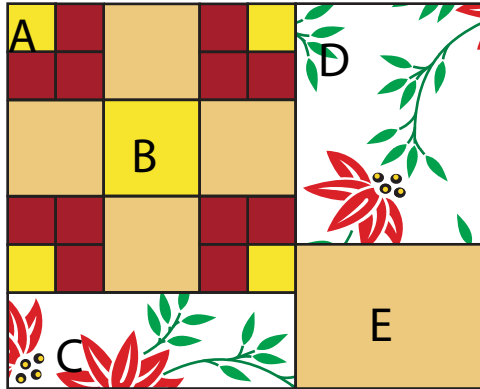
### **Tools Needed**

Sewing Machine and related supplies  
General Sewing Supplies

Graphic Artist Alexandra Henry

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## Cutting and Sewing Instructions



Piece A	1 1/2" squares	12 red, 4 yellow
Piece B	2 1/2" squares	4 cream, 1 yellow
Piece C	2 1/2" x 6 1/2"	1 focal print
Piece D	4 1/2" x 5 1/2"	1 focal print
Piece E	4 1/2" x 3 1/2"	1 cream
Backing	8" x 10"	focal print
Batting	8" x 10"	

### Homebound Quilt Block - 6"

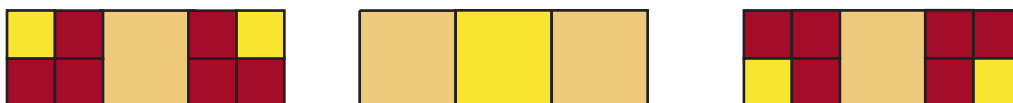
Make units as shown below, press towards the red piece



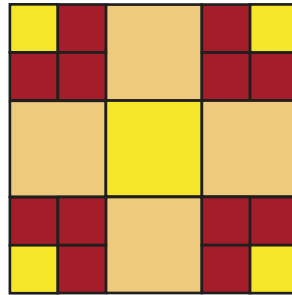
Sew the units together as shown, press towards the red unit:



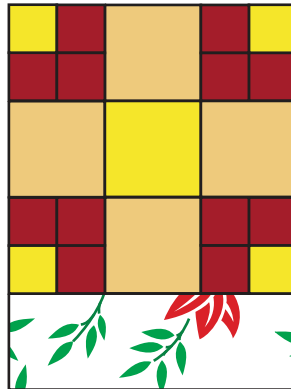
Sew rows as shown, press towards the cream:



Sew rows together to form block, press seams to one side.



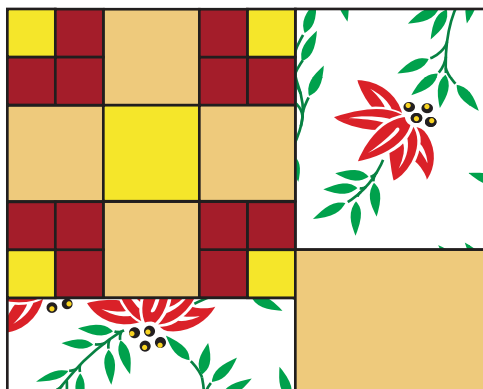
Sew the 6 1/2" x 2 1/2" rectangle to the bottom of the block as shown, press towards rectangle.



Sew the 5 1/2" x 4 1/2" rectangle to the 3 1/2" x 4 1/2" rectangle as shown, press towards the larger rectangle.



Sew the two sections together as shown.



Decorate plain rectangle as desired.

## Finishing

Place the backing fabric on the table, rights side down. Place the 8" x 10" piece of batting on the backing fabric. Place the mug rug on the batting, right side up. Pin in place.

Quilt in the ditch all around the block. Additional meandering can be done in the focal fabric rectangle as desired.

Bind mug rug.