

pellon[®]

*The Magic
in the Middle*

Mailed with Love Valentine Postcard

Patchwork Heart

Skill Level: Beginner

Designed By
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Sewn By
Lisa Ruble

www.lovetocolormyworld.blogspot.com



Use reverse applique to create this patchwork heart postcard. This quick and easy fabric postcard can actually be mailed! Check with your local post office for postage requirements. See also Black and Pink Hearts Postcard.

Fabrics Needed

Assorted red and pink prints
Background fabric

Twenty 1-1/2" squares
One 6" x 8" rectangle

Materials Needed

Pellon[®] 805 Wonder-Under[®]
Pellon[®] 40 Mediumweight Stabilizer
Legacy[™] by Pellon[®] Natural Blend Batting
Fabric sheet for inkjet printer
Coordinating thread
Pencil
Fabric Pen

One 10" square
One 5" x 7" rectangle
One 6" x 8" rectangle
One 8-1/2" x 11" rectangle

Tools Needed

Sewing machine and related supplies
Rotary cutter and related supplies

<http://www.pellonprojects.com>

Graphic Artist Alexandra Henry

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Assembly Instructions

Arrange the twenty 1-1/2" red and pink print squares into four rows of five squares each.



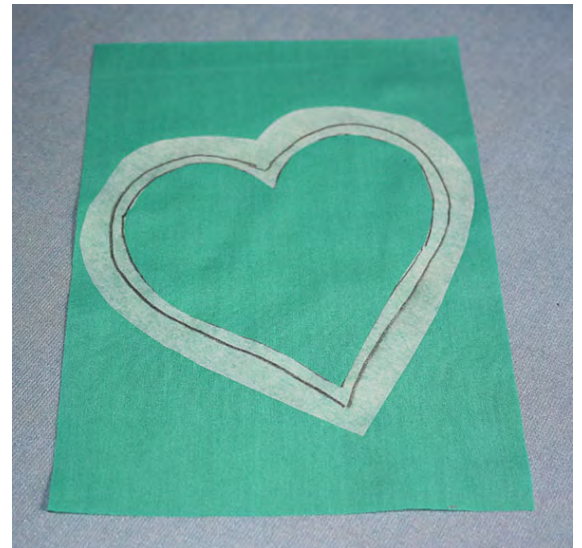
Sew the squares into rows. Press seams on rows 1 and 3 to the right. Press seams on rows 2 and 4 to the left.

Sew the rows together. Press seams in one direction.

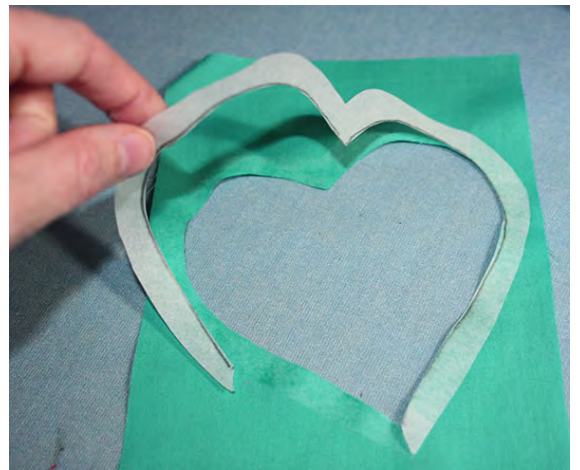


Print the heart template found on the template page. Trace both lines of the heart template onto the paper side of the Wonder-Under®. Cut 1/2" outside the outer heart line. Cut out the inside of the heart on the inner heart line.

Position the fusible side of the Wonder-Under® on the wrong side of the background fabric, centered from top to bottom and tilted slightly to one side. Fuse into place following manufacturer's instructions. Let cool.



To create the reverse applique space, cut the background fabric along the inner heart line. Peel the paper from the Wonder-Under® and set aside.

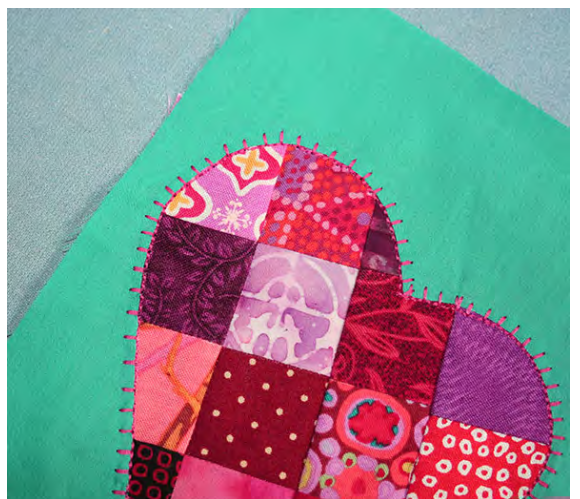


Place the wrong side of the background fabric onto the red and pink patchwork unit. Position the cut out heart shape as desired.



Fuse the background fabric into place following the manufacturer's instructions. Let cool.

Applique the heart edge, sewing on the background fabric, using a zigzag, buttonhole or other decorative stitch.



Turn the postcard front over and trim the excess patchwork fabric.

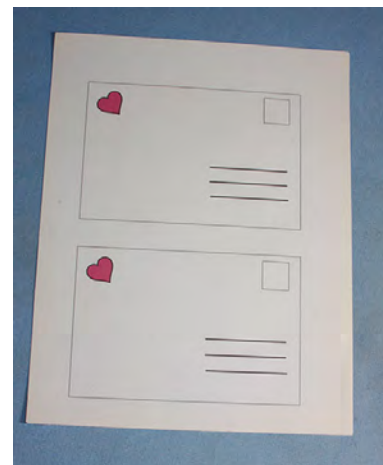


Layer the postcard front with the batting and baste with pins. Quilt the background as desired.

Trim the postcard front to measure 5" x 7".



Print the postcard back page onto the fabric side of a fabric sheet using an inkjet printer. Cut out one postcard back just inside the outer line. Remove the paper backing.



Place the postcard back right side down. Place the 5" x 7" rectangle of 40 Stabilizer on top of the postcard back. Place the quilted postcard right side up. Pin all layers together.

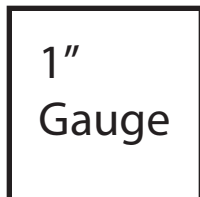
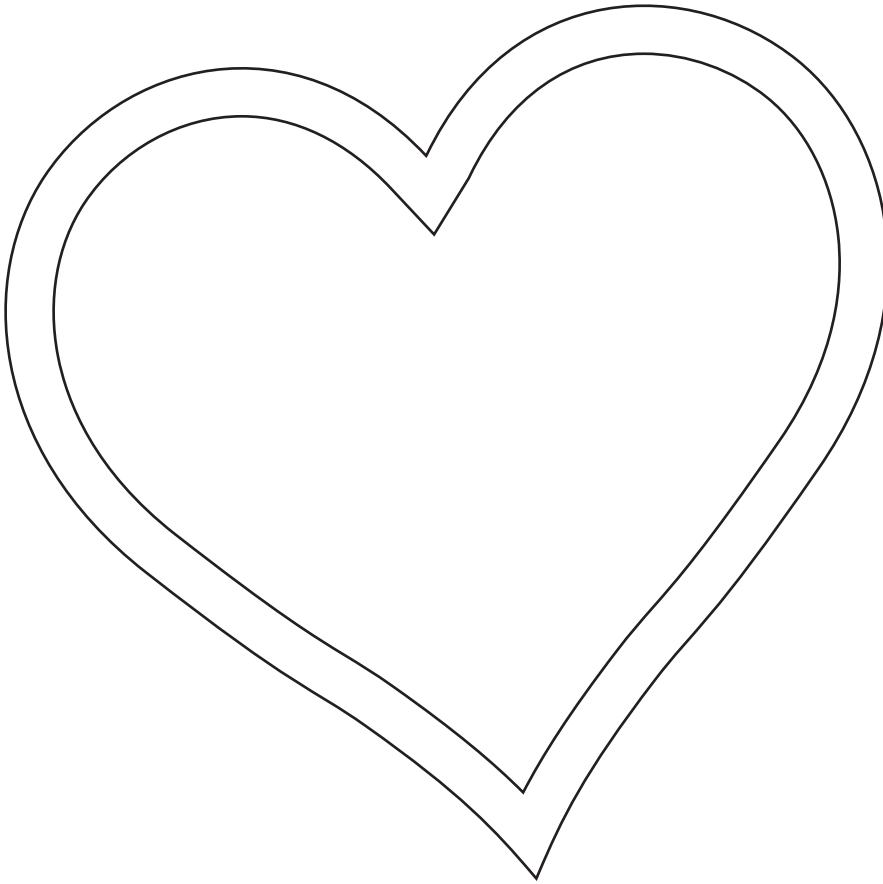


Using a dense zigzag, stitch around the entire outer edge of the postcard.

Use a fabric pen to write a note and either mail or deliver to a friend.



Patchwork Heart Postcard - Heart Template



Set printer to 100%. Check gauge.
See page 2 for instructions.

